



# listenfirst

Listening Changes Everything

**A Special Invitation For You. Part "Introducing Why You Should Listen First"**

Listening is one of the most important skills to have when communicating to yourself and others, Yet most of us are not, and do not train ourselves in developing our listening as contribution to the world around us.

We, at ListenFirst, have developed coaching and training programs that delivers the distinction "Listening" to you as an added skill that will allow you to communicate more effectively with your everyday interactions involving your Family, Friends, Work Place Associates, Clients, and all those you interact with in your day to day life.

**Thank you for allowing us to introduce to you our research on "What Listing Is and What it Isn't."**

Date and Time: **Sunday April 14<sup>th</sup> 2019** / 9:30 am to 5:00 pm

Location: Park East Pilates 58 East 79<sup>th</sup> Street 5F New York, NY

Suggested Donation: \$50.00 per participant Cash or Check

There will be Breaks and a Lunch Period.

Food and Beverages are at your discretion. There are Deli's and Restaurants nearby. There is Street Parking and a Parking Garage Next Door.

Please respond as soon as possible by, **WEDNESDAY, April 10<sup>th</sup> 9:00 pm**,  
To reserve your seating as the seating is limited on a first commit basis by using the following channels of communication:

Respectfully , Mark Christofaro

Opt #1 Phone # (607)379-1358 / Voice Mail or Text

Opt #2 Email: mark@listenfirst.net